CLIFTON ASSESSMENT PROCEDURES FOR THE ELDERLY (CAPE)

Behaviour Rating Scale

Name........................................Date of Birth........................................
Current address/placement:.................................................................

Please ring the appropriate number for each item:

1. When bathing or dressing, he/she requires
   - no assistance 0
   - some assistance 1
   - maximum assistance 2

2. With regard to walking, he/she:
   - shows no sign of weakness 0
   - walks slowly without aid, or uses a stick 1
   - is unable to walk, or if able to walk, needs frame, crutches or someone by his/her side 2

3. He/she is incontinent of urine and/or faeces (day or night):
   - never 0
   - sometimes (once or twice per week) 1
   - frequently (3 times per week or more) 2

4. He/she is in bed during the day (bed does not include couch, settee, etc.):
   - never 0
   - sometimes 1
   - almost always 2

5. He/she is confused (unable to find way around, loses possessions, etc.):
   - almost never confused 0
   - sometimes confused 1
   - almost always confused 2

6. When left to his/her own devices, his/her appearance (clothes and/or hair) is:
   - almost never disorderly 0
   - sometimes disorderly 1
   - almost always disorderly 2

7. If allowed outside, he/she would:
   - never need supervision 0
   - sometimes need supervision 1
   - always need supervision 2

8. He/she helps out in the home/ward:
   - often helps out 0
   - sometimes helps out 1
   - never helps out 2

9. He/she/keeps him/herself occupied in a constructive or useful activity (works, reads, plays games, has hobbies, etc.)
   - almost always occupied 0
   - sometimes occupied 1
   - almost never occupied 2

10. He/she socialises with others:
    - does establish a good relationship with others 0
    - has some difficulty establishing good relationships 1
    - has a great deal of difficulty establishing good relationships 2

11. He/she is willing to do things suggested or asked of him/her:
    - often goes along 0
    - sometimes goes along 1
    - almost never goes along 2
12. He/she understands what you communicate to him/her (you may use speaking, writing or gesturing):
   - understands almost everything you communicate 0
   - understands some of what you communicate 1
   - understands almost nothing of what you communicate 2

13. He/she communicate in any manner (by speaking, writing or gesturing):
   - well enough to make him/herself easily understood at all times 0
   - can he understand sometimes or with some difficulty 1
   - can rarely or never be understood for whatever reason 2

14. He/she is objectionable to others during the day (loud or constant talking, pilfering, soiling furniture, interfering with affairs of others):
   - rarely or never 0
   - sometimes 1
   - frequently 2

15. He/she is objectionable to others during the night (loud or constant talking, pilfering, soiling furniture, interfering with affairs of others):
   - rarely or never 0
   - sometimes 1
   - frequently 2

16. He/she accuses others of doing him/her bodily harm or stealing his/her personal possessions – if you are sure the accusations are true, rate zero, otherwise rate one or two:
   - never 0
   - sometimes 1
   - frequently 2

17. He/she hoards apparently meaningless items (wads of paper, string, scraps of food, etc):
   - never 0
   - sometimes 1
   - frequently 2

18. His/her sleep pattern at night is:
   - almost never awake 0
   - sometimes awake 1
   - often awake 2

Eyesight:
(tick which applies)
- can see (or can see with glasses)
- partially blind
- totally blind

Hearing:
(tick which applies)
- no hearing difficulties, without hearing aid
- no hearing difficulties, though requires hearing aid
- has hearing difficulties which interfere with communication
- is very deaf

Rated by: ........................................ Date: ........................................
Dependency Grade

A **no impairment**: independent elderly – comparable to those living without support in the community;

B **mild impairment**: low dependency – likely to include those needing some support in the community, warden-assisted accommodation and the better residents in residential accommodation;

C **moderate impairment**: medium dependency – people functioning at this level are likely to need residential care or considerable support and help if at home;

D **marked impairment**: high dependency – it is within this category that there is the greatest overlap between those in social services accommodation and those in hospital care;

E **severe impairment**: maximum dependency – this level is seen most often in psychogeriatric wards and the ones who remain in community homes. EMI hostels often present considerable problems to staff in terms of their demands on staff time.

<table>
<thead>
<tr>
<th>Grades</th>
<th>A</th>
<th>B</th>
<th>C</th>
<th>D</th>
<th>E</th>
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</thead>
<tbody>
<tr>
<td>BRS Total</td>
<td>0-3</td>
<td>4-7</td>
<td>8-12</td>
<td>13-17</td>
<td>18+</td>
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